

### NB Legion Standards 2023

U18 Boys	U16 Boys	Event	U16 Girls	U18 Girls
11.21	11.76	100m	12.86	12.56
22.92	23.85	200m	26.68	26.03
51.31	38.18	300m/ 400m	42.60	59.36
1:58.50	2:05.15	800m	2:19.60	2:18.19
4:08.15	3:23.18	1200m/ 1500m	3:46.53	4:40.90
9:03.78	6:04.99	2000m/3000m	6:43.71	10:14.19
15.25	15.22	80mh/100mh/ 110mh	12.85	15.43
59.71	27.8	200mh/400mh	31.41	1:06.51
6:24.59	4:41.54	1500ms/c/ 2000ms/c	5:21.13	7:16.44
1.87m	1.73m	HJ	1.52m	1.59m
6.42m	6.10m	LJ	5.03m	5.25m
13.26m	12.13m	TJ	10.59m	10.79m
3.98m	3.30m	PV	2.85m	3.10m
14.33m	13.49m	SP	11.14m	12.84m
41.45m	42.46m	DT	31.32m	34.39m
50.99m	44.48m	JT	32.59m	39.73m
50.24m	49.56m	HT	42.19m	48.31m
5603pts	2655pts.	Combined	2719pts.	3782pts